



LUNCH • DINNER • DESSERT • KIDS
MENU NUTRITIONAL INFORMATION

NUTRITIONAL INFORMATION	Serving Size	Calories	Calories from Fat	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carb (g)	Fiber (g)	Sugar (mg)	Protein (g)
Famous Fresh-Baked Rolls	1 roll	150	15	1.5	0	0	290	29	1	1	4
STARTERS	Serving Size	Calories	Calories from Fat	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carb (g)	Fiber (g)	Sugar (mg)	Protein (g)
Bertucci's Sampler	1 Serving	1240	650	23	1.5	225	4340	82	12	24	71
Meatballs (5)	1 Serving	750	467	22	0	215	1770	18	0	9	47
Meatballs (8)	1 Serving	1160	734	34	0	345	2660	25	1	13	73
Oven-Baked Chicken Tuscan Wings	8 pieces	570	280	9	0	210	1330	28	2	3	46
Oven-Baked Chicken Tuscan Wings	12 pieces	860	420	14	0	315	2020	42	3	4	69
Oven-Baked Buffalo Wings	8 pieces	780	502	17	0	15	1700	13	0	2	55
Oven-Baked Buffalo Wings	12 pieces	1450	930	31	0	30	3390	24	0	4	102
Oven-Baked Garlic Parmesan Wings	8 pieces	1080	288	18	0	15	630	13	0	2	67
Oven-Baked Garlic Parmesan Wings	12 pieces	1750	1206	27	0	20	1020	19	0	2	103
Oven-Baked Honey Chili Wings	8 pieces	1220	511	16	0	5	340	116	0	96	66
Oven-Baked Honey Chili Wings	12 pieces	1680	799	25	0	5	340	122	0	96	102
New England Style Calamari	1 Serving	760	177	4.5	0	590	1680	56	1	5	50
Spinach & Arichoke Dip	1 Serving	870	414	25	0	135	1700	80	7	9	25
Mozzarella Fritta	1 Serving	760	460	15	1	65	2060	54	6	10	25
Garlic Knots with Pomodoro	1 Serving	1470	901	24	1	55	970	120	4	4	20
SALADS	Serving Size	Calories	Calories from Fat	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carb (g)	Fiber (g)	Sugar (mg)	Protein (g)
Entrée Salads											
Farmhouse Salad	1 Serving	410	280	13	0	60	1100	45	8	30	26
Caesar Salad	1 Serving	550	380	10	0	30	1280	28	5	5	14
Insalata	1 Serving	420	320	35	0	5	180	10	3	5	4
Italian Chopped	1 Serving	980	790	25	0	100	3430	24	4	13	31
Salad Add-Ons											
Grilled Chicken	1 Serving	170	100	2	0	95	500	1	0	0	35
Grilled Salmon	1 Serving	420	380	7	0	130	600	0	0	0	44
Grilled Shrimp (8 pieces)	1 Serving	200	146	2	0	110	780	0	0	0	17
SOUP	Serving Size	Calories	Calories from Fat	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carb (g)	Fiber (g)	Sugar (mg)	Protein (g)
Lentil	1 Serving	130	70	0	0	0	420	12	4	2	3
Italian Sausage	1 Serving	120	84	2.5	0	15	610	10	0	2	4
Sides											
Oven-Roasted Broccoli	1 Serving	460	324	6	0	20	1400	26	8	5	14
Meatballs	3 Pcs.	470	240	8	1	75	2420	52	6	4	6
Tuscan Vegetables	1 Serving	550	290	3.5	0	0	720	52	6	4	4
Rosemary Roasted Potatoes	1 Serving	520	350	0	0	0	45	64	6	5	8
Side Insalata	1 Serving	90	32	1.5	0	5	310	11	4	5	5
Side Ceaser	1 Serving	220	100	3.5	0	10	200	12	2	2	6
Sausage & Peppers	2 Sausages	917	780	20	0	160	1940	14	1	6	35

NUTRITIONAL INFORMATION		Serving Size	Calories	Calories from Fat	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carb (g)	Fiber (g)	Sugar (mg)	Protein (g)
BRICK OVEN PIZZA Slices Small = 6 Slices		(Large = 8)										
	Serving Size	Calories Per Slice	Calories from Fat	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carb (g)	Fiber (g)	Sugar (mg)	Protein (g)	
Bertucci	Small - Per Slice	190	80	3.5	0	20	450	20	1	2	7	
	Large - Per Slice	330	140	6	0	30	790	35	2	3	12	
Ultimate Bertucci	Small - Per Slice	230	100	3.5	0	30	540	20	1	2	11	
	Large - Per Slice	390	170	6	0	50	930	36	2	3	19	
Roasted Vegetable	Small - Per Slice	220	109	3	0	9	520	23	1	3	7	
	Large - Per Slice	360	158	4	0	12	823	41	2	5	10	
Sporkie	Small - Per Slice	220	90	3.5	0	20	550	24	1	7	10	
	Large - Per Slice	400	170	7	0	40	1000	43	2	10	18	
Roasted Chicken & Broccoli	Small - Per Slice	190	70	2.5	0	25	480	21	1	2	10	
	Large - Per Slice	330	120	5	0	40	850	37	2	3	17	
Classic Margherita	Small - Per Slice	180	70	3	0	10	320	20	1	2	7	
	Large - Per Slice	300	110	4.5	0	15	530	36	2	3	12	
Pucillo	Small - Per Slice	200	90	3	0	15	440	21	1	3	7	
	Large - Per Slice	340	140	6	0	30	770	37	2	4	13	
Meatball Ricotta	Small - Per Slice	160	90	3.5	0	20	550	24	1	7	10	
	Large - Per Slice	360	170	7	0	40	1000	43	2	10	18	
Nolio	Small - Per Slice	210	100	5	0	30	530	21	1	3	7	
	Large - Per Slice	360	170	9	0	50	910	37	2	4	12	
Sausage, Mushroom & Onions	Small - Per Slice	200	87	3	0	15	450	21	1	2	8	
	Large - Per Slice	350	140	5	0	25	750	39	2	4	13	
Cheeseburger	Small - Per Slice	230	138	3	0	15	320	17	1	1	5	
	Large - Per Slice	470	250	6	0	40	730	40	2	3	15	
Hawaiian	Small - Per Slice	180	47	2.5	0	10	330	27	1	7	7	
	Large - Per Slice	290	66	3.5	0	15	470	45	2	9	11	
Big Papi	Small - Per Slice	190	84	3.5	0	10	210	19	1	1	7	
	Large - Per Slice	330	136	6	0	15	370	35	1	2	12	
Verde	Small - Per Slice	190	90	3	0	15	350	20	1	2	8	
	Large - Per Slice	330	140	5	0	25	680	35	2	3	13	
ARTISAN HAND-STRETCHED PIZZA		Serving Size	Calories Per Slice	Calories from Fat	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carb (g)	Fiber (g)	Sugar (mg)	Protein (g)
Spicy Meatball	One Size	250	86	3.5	0	25	560	29	1	2	10	
Prosciutto and Caramelized Onions	One Size	260	111	6	0	35	310	28	1	1	7	
Roasted Wild Mushroom	One Size	320	160	6	0	30	520	30	1	2	9	
Chicken, Bacon & Ranch	One Size	290	116	5	0	30	650	29	1	2	14	
Cacio E Pepe	One Size	300	138	8	0	45	480	29	1	2	7	
CRAFT YOUR OWN PIZZA (Large = 8 SLICES Small = 6 SLICES)		Serving Size	Calories Per Slice	Calories from Fat	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carb (g)	Fiber (g)	Sugar (mg)	Protein (g)
Cheese (base pizza)	Small - Per Slice	160	60	2.5	0	10	360	20	1	2	6	
	Large - Per Slice	280	100	4	0	20	620	35	2	3	10	
PIZZA TOPPINGS		Cal per Slice	Calories from Fat	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carb (g)	Fiber (g)	Sugar (mg)	Protein (g)	
Veggies - Small Pizza												
Chopped Cherry Peppers		0	0	0	0	0	15	0	0	0	0	
Broccoli		35	25	0	0	0	130	2	1	0	1	
Sliced Mushrooms		0	0	0	0	0	0	0	0	0	0	
Bell Peppers		0	0	0	0	0	0	1	0	0	0	
Onions		5	0	0	0	0	0	1	0	1	0	
Diced Plum Tomatoes		20	15	0	0	0	105	1	0	0	0	
Spinach		15	2	0	0	0	25	1	0	1	0	
Jalapenos		5	0	0	0	0	0	1	0	0	0	
Shaved Red Onions		5	0	0	0	0	0	1	0	1	0	
Basil Pesto		20	2	1	0	2	2	1	0	0	1	
Brick Oven Roasted - Small Pizza												
Roasted Garlic		15	5	0	0	0	40	2	0	0	0	
Roasted Black Olives		30	30	0	0	0	115	1	0	0	0	
Roasted Zucchini		25	20	0	0	0	45	1	0	0	0	
Roasted Bell Peppers		15	10	0	0	0	55	1	0	0	0	
Caramelized Onions		10	5	0	0	0	20	1	0	1	0	
Roasted Artichokes		20	15	0	0	0	65	1	0	0	0	
Roasted Pineapple		10	5	0	0	0	20	1	0	0	0	
Wild Mushrooms		20	0	0	0	0	20	1	0	0	1	
Roasted Eggplant		90	80	1	0	0	120	4	1	1	0	

NUTRITIONAL INFORMATION	Serving Size	Calories	Calories from Fat	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carb (g)	Fiber (g)	Sugar (mg)	Protein (g)
Meats & Cheese - Small Pizza											
Sweet Italian Sausage		30	20	1	0	5	65	0	0	0	1
Meatballs		30	15	0.5	0	10	90	1	0	0	3
Fresh Mozzarella		20	15	1	0	5	60	0	0	0	1
Pepperoni		15	15	0.5	0	5	65	0	0	0	1
Bacon		45	26	3	1	0	210	0	0	0	0
Chicken		35	15	0	0	10	65	0	0	0	4
Prosciutto		20	15	0	0	5	50	0	0	0	2
Ricotta		50	20	1	0	10	180	5	0	5	3
Ham		80	40	1	0	40	650	0	0	0	11
Pulled Pork		80	40	1	0	20	430	8	0	8	7
Andouille Sausage		110	80	2.5	0	35	460	1	0	1	10
Ground Beef		420	300	11	0	140	700	0	0	0	40
Feta		25	10	1	0	0	70	0	0	0	1
Asiago		25	10	1	0	0	70	0	0	0	1
Gorgonzola		10	15	0.5	0	10	90	1	0	0	3
Veggies - Large Pizza											
Broccoli		50	35	0	0	0	190	4	2	1	1
Sliced Mushrooms		0	0	0	0	0	0	0	0	0	0
Bell Peppers		5	0	0	0	0	0	1	0	1	0
Onions		5	0	0	0	0	0	2	0	1	0
Spinach		5	0	0	0	0	15	1	0	0	1
Chopped Cherry Peppers		0	0	0	0	0	25	1	0	0	0
Spinach		5	0	0	0	0	25	1	0	0	0
Jalapenos		10	0	0	0	0	0	1	0	0	0
Shaved Red Onions		10	0	0	0	0	0	1	0	1	0
Basil Pesto		5	0	0	0	0	0	1	0	0	0
Brick Oven Roasted - Large Pizza											
Roasted Garlic		20	5	0	0	0	60	3	0	0	1
Roasted Artichokes		30	25	0	0	0	95	1	1	0	0
Roasted Black Olives		50	45	0	0	0	170	1	1	0	1
Roasted Eggplant		140	120	1.5	0	0	180	6	2	2	1
Roasted Bell Peppers		20	15	0	0	0	85	2	0	1	0
Roasted Zucchini		35	30	0	0	0	70	1	0	0	0
Roasted Pineapple		20	5	0	0	0	20	1	0	0	0
Wild Mushrooms		40	0	0	0	0	20	1	0	0	1
Caramelized Onions		20	10	0	0	0	30	2	0	1	0
Meats & Cheese - Large Pizza											
Chicken		50	20	0	0	20	100	0	0	0	6
Pepperoni		25	20	1	0	5	95	0	0	0	1
Bacon		60	64	2	0	20	310	0	0	0	0
Prosciutto		30	20	0.5	0	10	240	0	0	0	2
Sweet Italian Sausage		45	35	1.5	0	10	100	0	0	0	2
Meatballs		50	25	1	0	10	135	1	0	0	4
Gorgonzola		56	4	3	1	15	141	0	0	0	24
Ricotta		150	50	3.5	0	25	550	15	0	15	10
Ham		140	100	2	0	20	1000	4	0	0	20
Pulled Pork		160	80	2	0	40	850	16	0	16	14
Andouille Sausage		210	100	5	0	65	920	1	0	1	20
Ground Beef		840	600	21	0	280	1390	0	0	0	79
Feta		45	20	2.5	0	0	135	0	0	0	2
Asiago		45	20	2.5	0	0	135	0	0	0	2
Fresh Mozzarella		5	0	0	0	0	230	0	0	0	1

NUTRITIONAL INFORMATION											
	Serving Size	Calories	Calories from Fat	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carb (g)	Fiber (g)	Sugar (mg)	Protein (g)
CAULIFLOWER-BASED PIZZA CRUST											
Cauliflower-based Pizza Crust	Small only	less 8 cal	130	1	0	0	290	29	2	3	1
CALZONES											
	Serving Size	Calories	Calories from Fat	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carb (g)	Fiber (g)	Sugar (mg)	Protein (g)
Roasted Vegetable	1 Serving	840	393	14	0	60	1370	84	4	11	29
Sausage & Pepper	1 Serving	1140	573	28	1	140	2400	92	4	18	48
Craft Your Own Calzone	1 Serving	720+	230	12	0.5	65	2090	93	5	23	33
<i>*Craft Your Own Calzone calories based on added toppings - refer to "PIZZA TOPPINGS" for individual calories</i>											
ENTRÉE											
	Serving Size	Calories	Calories from Fat	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carb (g)	Fiber (g)	Sugar (mg)	Protein (g)
Chicken Parmesan	1 Serving	1385	630	20	1	195	3170	105	10	14	78
Chicken Piccata	1 Serving	1270	820	33	2	265	2350	80	5	4	64
Chicken Bruschetta	1 Serving	720	382	2	0	145	2130	19	6	6	64
Grilled Salmon with spinach & rosemary roasted potatoes	1 Serving	860	710	5	0	130	340	60	12	8	60
Grilled Salmon with spinach & pasta with house-made pomodoro sauce	1 Serving	960	820	6	0	150	650	103	8	13	72
BRICK OVEN PASTA											
	Serving Size	Calories	Calories from Fat	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carb (g)	Fiber (g)	Sugar (mg)	Protein (g)
Lasagna Rustica	1 Serving	1650	800	50	0	400	3010	70	1	10	68
Eggplant Parmesan	1 Serving	800	316	4	0	5	1590	102	6	22	23
Oven-Baked Rigatoni with Meatballs	1 Serving	1630	795	43	1.5	265	4120	119	1	28	93
Baked Chicken Gratinati	1 Serving	1470	839	51	0	405	3090	72	1	10	69
Baked Ravioli	1 Serving	1520	847	58	0	425	2450	94	0	16	63
Mac & Cheese	1 Serving	1890	864	58	1	330	2300	179	0	19	67
PASTA											
	Serving Size	Calories	Calories from Fat	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carb (g)	Fiber (g)	Sugar (mg)	Protein (g)
Spaghetti & Meatballs	1 Serving	1360	380	12	0.5	100	4300	181	19	30	68
Spaghetti Pomodoro	1 Serving	790	90	2	0	0	1620	145	12	12	29
Spaghetti & Meat Sauce	1 Serving	960	210	8	0	55	1800	144	11	8	38
Rigatoni, Broccoli and Chicken	1 Serving	1450	740	27	1.5	195	2640	116	10	8	62
Four Cheese Ravioli with Pomodoro	1 Serving	870	350	19	1.5	185	2500	89	8	15	40
Four Cheese Ravioli with Meat Sauce	1 Serving	1030	470	25	1.5	235	2670	87	7	11	49
Shrimp Rossini	1 Serving	720	180	8	0	255	1920	83	7	9	51
Fettuccine Alfredo	1 Serving	1000	490	33	2	220	2300	98	6	9	28
Fettuccine Alfredo with Grilled Chicken	1 Serving	1190	560	35	2	290	2670	99	6	9	54
Fettuccine Alfredo with Shrimp	1 Serving	1170	510	33	2	440	2810	98	6	9	60
Rigatoni alla Vodka with Crispy Pepperoni	1 Serving	1660	545	30	0.5	185	3750	208	0	21	64
Cajun Creole Pasta	1 Serving	820	336	6	0	105	1550	93	2	9	24
Rigatoni Abruzzi	1 Serving	1100	540	14	0	75	2750	105	12	16	37

NUTRITIONAL INFORMATION											
	Serving Size	Calories	Calories from Fat	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carb (g)	Fiber (g)	Sugar (mg)	Protein (g)
LUNCH											
LUNCH MENU	Serving Size	Calories	Calories from Fat	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carb (g)	Fiber (g)	Sugar (mg)	Protein (g)
Unlimited Soup & Insalata or Caesar Salad	1 Serving										
Sandwiches (served on a garlic butter toasted sub roll)											
Meatball	1 Serving	1640	928	33	0.5	230	4320	109	0	14	66
Chicken Parmesan	1 Serving	1490	790	23	0.5	70	4070	124	1	11	54
Seasoned Fries (served with each sandwich)	1 Serving	330	91	2	0	0	780	55	0	1	5
Menucci's											
Margherita	1 Serving (8 pieces)	660	40	1.5	0	5	180	13	1	1	4
Cheese	1 Serving (8 pieces)	600	35	1.5	0	5	210	12	1	1	4
Roasted Chicken & Broccoli	1 Serving (8 pieces)	690	240	27	12	75	1380	79	3	5	33
Classics											
Spaghetti & Meatballs	1 Serving	660	200	6	0	50	2370	86	10	17	33
Spaghetti & Meat Sauce	1 Serving	660	140	5	0	40	1160	67	6	5	21
Spaghetti with Pomodoro	1 Serving	430	250	1	0	5	580	79	0	9	16
Rigatoni Abruzzi	1 Serving	730	360	9	0	40	1820	71	8	11	22
Four Cheese Ravioli	1 Serving	600	240	13	1	125	1740	63	6	11	27
Tuscan Vegetables with Grilled Chicken	1 Serving	740	520	7	0	75	1790	26	9	9	31
Chicken Parmesan	1 Serving	760	490	13	1	120	2250	91	8	11	54
Chicken Piccata	1 Serving	1060	590	20	1	175	1700	68	4	3	45
SWEET ENDINGS	Serving Size	Calories	Calories from Fat	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carb (g)	Fiber (g)	Sugar (mg)	Protein (g)
Traditional Cannoli	1 Serving	640	170	70	0	30	710	63	2	49	16
Double Dark Chocolate Cake	1 Serving	760	390	22	0	90	560	81	4	53	10
Buddy V's Cake of the Day	1 Serving	580	340	16	0	80	750	79	0	64	3
Tiramisu	1 Serving	260	121	10	0	65	55	29	0	19	3
Chocolate Flourless Torte	1 Serving	320	232	15	0	180	45	19	0	18	5
Limoncello Mascarpone Cake	1 Serving	430	110	7	0	200	95	72	1	41	7
COFFEE SPECIALTIES	Serving Size	Calories	Calories from Fat	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carb (g)	Fiber (g)	Sugar (mg)	Protein (g)
Cappuccino	1 Serving	160	25	1.5	0	10	70	7	0	6	4
Mochachino	1 Serving	210	70	2.5	0	25	135	28	1	20	7
Coffee, 8 fl oz	1 Serving	0	0	0	0	0	0	0	0	0	0
Espresso, Double	1 serving	120	0	0	0	0	15	2	0	0	0
Espresso, Single	1 Serving	60	0	0	0	0	10	1	0	0	0
Hot Chocolate	1 serving	210	15	1.5	0	0	180	16	1	13	0

NUTRITIONAL INFORMATION	Serving Size	Calories	Calories from Fat	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carb (g)	Fiber (g)	Sugar (mg)	Protein (g)
-------------------------	--------------	----------	-------------------	-------------------	---------------	------------------	-------------	----------	-----------	------------	-------------

KIDS MENU

Cheese Pizza	1 Serving	620	210	12	0.5	70	1550	76	4	7	28
Pepperoni Pizza	1 Serving	680	250	14	1	80	1780	77	4	7	30
Macaroni & Cheese	1 Serving	460	280	14	0	60	1410	62	3	1	17
Macaroni & Cheese, Whole Wheat	1 Serving	400	270	14	0	85	1320	36	1	1	12
Chicken & Salad	1 Serving	290	160	3.5	0	75	330	3	2	1	27
Cheese Ravioli (Pomodoro Sauce)	1 Serving	420	100	5	0	60	1890	87	6	9	18
Cheese Ravioli (Butter)	1 Serving	500	170	11	0	90	1390	80	4	4	16
Pasta (Pomodoro Sauce)	1 Serving	320	40	0.5	0	0	730	60	5	6	12
Pasta (Butter)	1 Serving	370	110	7	0	30	220	52	3	1	10
Chicken w/ Broccoli	1 Serving	260	150	3	0	65	260	3	1	0	24
Crispy Chicken Bites w/ Seasonal Fruit	1 Serving	up to 380	180	4	0	50	900	26	1	14	19
Crispy Chicken Bites w/Rigatoni & Sauage	1 Serving	520	210	4	0	75	1070	46	3	6	27
Crispy Chicken Bites w/Rigatoni & Butter	1 Serving	570	290	11	1	105	570	38	1	1	25
Crispy Bites w/ Broccoli	1 Serving	360	180	3.5	0	50	1000	26	1	13	20
KIDS DESSERTS	Serving Size	Calories	Calories from Fat	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carb (g)	Fiber (g)	Sugar (mg)	Protein (g)
Hoodsie Ice Cream Cup	1 Serving	100	45	3.5	0	20	35	12	0	9	2
Chocolate Chip Cookie Sundae	1 Serving	510	220	12	0	50	330	73	2	48	6
KIDS BEVERAGES	Serving Size	Calories	Calories from Fat	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carb (g)	Fiber (g)	Sugar (mg)	Protein (g)
Kids Chocolate Shake	1 Serving	490	200	14	0	60	120	63	1	58	7
Kids Strawberry Shake	1 Serving	480	200	14	0	60	100	59	0	59	6
Coco-Cola® Soft Drinks	1 Serving	0-100	0	0	0	0	0	30	26	0	26
Raspberry Nestea®	1 Serving	110	0	0	0	0	0	0	23	0	23
Fresca®	1 Serving	0	0	0	0	0	0	25	0	0	0
Barq's® Root Beer	1 Serving	110	0	0	0	0	0	45	30	0	30
Minute Maid® Light Lemonade	1 Serving	5	0	0	0	0	0	0	1	0	0
Milk	1 Serving	100	20	2.5	1.5	0	10	105	12	0	12